



## Develop a character that is useful for life and reliable in a crisis.

Ross has built a career in high-performance teams. He served for 27 years as a Royal Marines Commando, specialising as a sniper. Starting as a Marine, he rose through the ranks to become a Regimental Sergeant Major at 45 Commando and the Commando Training Centre.

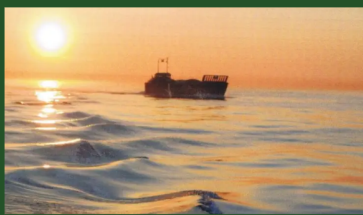
After transitioning to civilian life, he began working alongside Wildlife Police and Rangers in Zambia, applying his expertise in resilience, decision making, and teamwork to support their efforts in protecting wild places.



In the business world, Ross works with global organisations across various sectors and their development programs. To help leaders at all levels cultivate adaptable, high-performance cultures and develop the ability to thrive under pressure. His approach blends elite performance principles with practical leadership insights, shaped by real world experience.



Beyond his work, Ross pushes his limits in nature, testing his skills against the elements in the Scottish mountains and endurance running.



During the presentation, he will share lessons from these diverse arenas, exploring how leadership, resilience, and adaptability can help meet challenges and drive success.

# Ross Wilson

 **CONSTANTIAM**  
Consistency Breeds Accuracy

